



**JOHNSON & HAYES**  
PHYSICAL THERAPISTS

# KNEE PAIN WORKSHOP

**MONDAY, JANUARY 27TH**  
**5:30PM - 6:30PM**

Join Joe Metz, PT, ATC and Jackson Menefee, DPT as we discuss the most common causes of knee pain and how to treat the issue without invasive surgery, injections, or medication.

## DISCOVER:

- The 3 most common causes of knee pain
- The #1 mistake knee pain sufferers make
- The top 3 exercises for knee pain
- What a successful, non-invasive, natural treatment looks like

**JOHNSON & HAYES PHYSICAL THERAPISTS**  
IS HOSTING THIS **FREE** WORKSHOP AT:  
1302 GUNTER AVE, GUNTERSVILLE, AL 35976

**2 WAYS TO SIGN UP:**  
**CALL US AT (256) 484-8784**  
**OR SCAN THE QR CODE**

This is not a guarantee of admission. You must RSVP.  
Limited to the first 20 people. Reserve your spot NOW!

